

FEBRUARY 2019

Elite Times

PREPARING FUTURE LEADERS

My Identity Program

Book Fair | p. 21
Science Projects | p. 24
KG Open Day | p. 27

Say no to Bullying

The Box Appeal: A small box, a big
difference

CONTENTS

02

A WORD FROM THE PRINCIPAL

03

FIRST DAY OF KINDERGARTEN

04

MEET OUR VICE PRINCIPAL

05

BREAST CANCER AWARENESS

07

KG CRAZY HAT DAY

08

FLAG DAY

09

MY IDENTITY PROGRAM

12

NAJAH EXHIBITION

13

SCIENCE PROJECTS

14

WHY I LOVE THE UAE

15

INTEGRATION LEARNING

16

SMALL BOX. BIG DIFFERENCE.

17

DIABETES WORKSHOP

18

A MESSAGE FROM OUR NURSE

20

ELITE BOOK FAIR

21

UNIVERSITY FAIR

22

UAE NATIONAL DAY

25

KG OPEN DAY

27

HEALTHY BREAKFAST DAY

30

STOP BULLYING

33

HYDROPONICS FARMS

35

HOW TO AVOID BEING LATE

36

KG PLANTING GARDEN



A WORD FROM THE PRINCIPAL

In this new setting, with its large classrooms equipped with modern smart boards, 6 science labs, 3 ICT labs, a huge gym, a semi-Olympic swimming pool, and many other state-of-the-art features, Elite Private School is more able than ever before to achieve its mission of preparing a generation of educated, innovative, globally minded, future leaders.

With boys and girls from grades KG1 through to grade 12, the school now has a population of close to 1100 and is growing each year.

Elite is now accredited by both the Accreditation Service for International Schools, Colleges and Universities (ASIC) and the American International Accreditation Association of Schools and colleges (AIAA).

Our students are attending universities all over the world. Our fantastic teachers and staff members, involved and cooperating parents, and our great students all work together to make Elite live up to its name and make it an exciting and wonderful place to study. I thank you for being part of Elite and encourage you to find out more about Elite Private School.

Sohil
13/5/18



SOHIL BATARSEH
SCHOOL PRINCIPAL



FIRST DAY OF KINDERGARTEN

Kindergarten is a big step in a child's life. The first day of kindergarten is a day of big emotions and of many questions crossing parents and kids' minds.

Anxiety, excitement, curiosity are normal feelings, and it's important to know that our teachers are trained to deal with them. Kids quickly feel comfortable with their new school-day routine.

Once again, we waited for this important day with great enthusiasm. Our staff members along with grade 12 students prepared a fantastic event to welcome our little ones warmly. There were a lot of exciting activities, music, animation with cartoon characters and fun. What a great bonding time for our children, their parents and our team.

This was the first day of a long and fruitful journey that ended with lots of laughs, happy faces and memories that will last a lifetime.

At Elite we will do everything we can to ensure our children complete kindergarten with all the right tools and skills by providing a safe, positive, and successful environment. Through teamwork and cooperation, we will turn our kids into confident learners. Keep in mind: Your child is in the best hands.





MEET OUR VICE PRINCIPAL

Elite Private School is pleased to welcome Mr. Brent Walker to its administrative team. Originally from the Los Angeles area, Mr. Brent completed his university studies in the state of Utah at Brigham Young University and the University of Utah. He completed a Master's degree in English Education and completed advanced studies in School Administration.

Mr. Brent has 28 years of experience in teaching and school administration. He began his teaching and administrative careers in Utah and then later moved to the state of New Hampshire, where he spent 14 years as principal of a public middle school.

While in this role, Mr. Brent received the Champion for Children award from the state's governor for his work on school improvement.

"All students are capable of achieving great things."

Mr. Brent has a strong background in helping schools raise their academic performance and improving their learning climates. He believes that learning happens best when it is made relevant, when it is fun, when it is challenging, and when it is collaborative.

He looks forward to helping Elite move forward in its school improvement journey.

Breast Cancer Awareness

For pupils and teachers at Elite School, the battle against breast cancer, and the lack of knowledge about it has become a personal campaign.

Our teachers and students took part in the school's Pink Day to raise awareness of the disease this week. The students organized activities to raise awareness of breast cancer throughout the month. The school raised money the whole month of October, and at the end of the month, it was given to Breast Cancer Arabia. A big thank you to all our students.



How to reduce your risk of breast cancer

While every individual is different, here are some lifestyle tips to keep in mind to reduce the risk of breast cancer:

Women over 40 need to have regular mammograms.

Do self-breast exams regularly.

Increase consumption of fruits, vegetables and water.

Avoid or eliminate smoking.

Breast-feed infants for at least six-months.

Exercise and keep stress levels under control.

Latinas tend to have a higher risk for breast cancer and other chronic diseases if they are overweight.



KG CRAZY HAT DAY



One of our Elite fun days is Crazy Hat Day. Our KG students enjoyed crafting and designing their own hats at school with their peers, as they were competing with each other to make the craziest and coolest hat.

يوم العلم FLAG DAY 3rd november 3 نوفمبر



A large-scale celebration across the country marked the UAE Flag Day, an occasion which coincided with the anniversary of President His Highness Shaikh Khalifa Bin Zayed Al Nahyan's assumption of office as the leader of the country.

The UAE flag was hosted at schools, government departments, ministries and by all members of the community across the country as a way to express love to the homeland and loyalty to the wise leadership.

At Elite, we celebrated it on November 1st.

Thank you, Elite Students, parents and staff for making this day a success. The national occasion of UAE Flag Day is a moment of pride and joy for everyone as they raise the flag today to show their appreciation for the UAE.



MY IDENTITY PROGRAM

The My Identity framework allows Elite to focus on fostering and establishing loyalty among students to create productive workers and global citizens who are enriching their communities by being equipped with content, 21st century skills, values and attitudes.

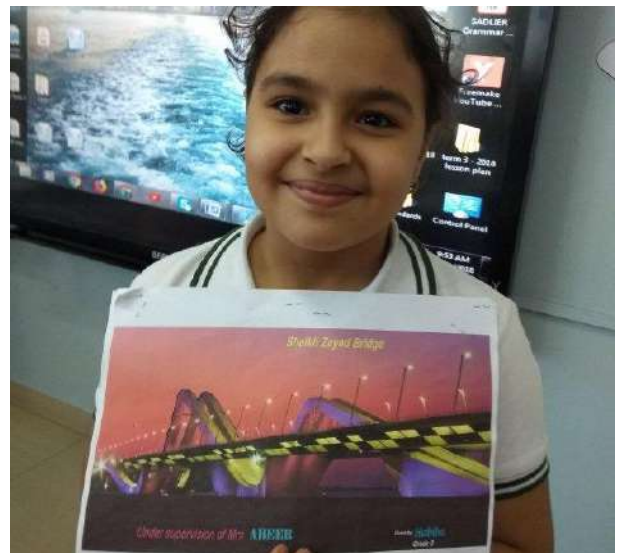
Students respect and appreciate the traditions, heritage and values of the UAE that underpin and influence the life in Abu Dhabi. Moreover, this is shown through active participation and cultural debates and presentations that promote and reinforce these traditional habits.

Grade 3 students gave presentations about the UAE towers and bridges.

ELITE PRIVATE SCHOOL

"Our ancestors left us a legacy of traditions that make us proud. Our mission is to preserve, develop and maintain it as an asset of this nation for generations to come."

- The Late Sheikh Zayed





MY IDENTITY PROGRAM MY HOME COUNTRY

Students talked about their own country in front of the class. They brought their traditional foods so that they could share it with their classmates. They also wore their traditional costumes to show it to the class.

They wore their costumes proudly with pride. They also brought props like pictures of the famous places in their country.

And some of them brought printed pictures of their national costumes and printed map to show the location of their country.

Speaking in front of their friends gave them confidence and important practice in an essential life skill.

Students cheered for each other and helped each other develop stronger self-esteem.





NAJAH EXHIBITION

31st October to 2nd November 2018

The Najah annual career fair is the UAE's leading higher education and training exhibition and this year's edition took place from October 31 to November 2 at the Abu Dhabi National Exhibition Centre (ADNEC) in Abu Dhabi under the patronage of Shaikh Nahyan Bin Mubarak Al Nahyan, Minister of Culture, Youth and Community Development.

This year, more than 150 renowned local and international universities from the UAE were present, as well as universities from the US, the UK, Canada, Japan, Malaysia and Egypt, training centres and other reputable institutions.

Most of the participating universities from the UAE are also ranked among the top 50 universities in the Middle East.

Thousands of students visited the exhibition last week, and our students were no exception.

The students were accompanied by teachers and supervisors and visited the stands, asked questions about the universities, the enrollment process, studying abroad requirements, scholarships, etc. This experience gave prospective students a fantastic opportunity to assess university options.

"This exhibition was a great opportunity to get more information and helping me making up my mind"

The exhibition also had a Knowledge Zone. This was the area for seminars and workshops, where industry experts gave guidance on their courses, student life and many other relevant topics.

The students were thrilled with this visit because the choice of a university is a complex process and this fair gave them the chance of looking for options both inside and out the UAE.

SCIENCE PROJECTS

Elite Private School encourages their students to enhance their academic knowledge by doing some creative science projects, and extra research papers to explore more about scientific theories.

Elite School invites students' parents to come to school and see their child's science project.

Let's show them how proud we are!





WHY I LOVE THE UAE: A PLACE WHERE WE LEARN WHAT HUMANITY IS...

The UAE is a place where people learn from each other; a place where we learn about honesty and integrity; a place where we know how to spread love; a place where we learn what humanity is.

The UAE is the land of opportunities for all; the limitations are the limits of your dreams, so dream big and improve yourself and the community we are proud to be part of.

The UAE is a successful mix of the old and the new; The country's beautiful architecture is there for all to see and admire.

"He who does not know his past cannot make the best of his present and future, for it is from the past that we learn."

Sheikh Zayed bin Sultan Al Nahyan

The UAE is setting the standard: look at Masdar City where sunlight is being used to power our homes and cities. The future is sustainability.

The vision of the leaders is exemplary. The people here are friendly and welcoming, People are proud of who they are: they love their country, the country where humanity is at the core of what we do.

In the words of Sheikh Zayed bin Sultan Al Nahyan: "There is no glory without the glory of the country and its citizens. We have to be proud of our forefathers, who were able to face the harshness of life with a strong will and dedication to shape a better collective future"

INTEGRATION LEARNING: PHYSICAL EDUCATION AND MATHEMATICS

Students had collaboration learning in Maths and P.E. They learned how to do the addition while playing.

They jumped like a frog while solving doubles facts equations and finding the correct answers.

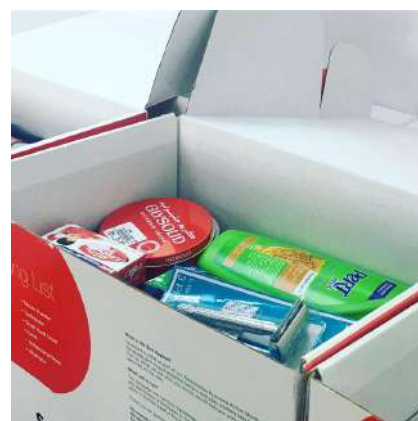
They hopped inside the hula-hoops to solve the given problems.

They worked as a team by learning while playing.

It was a very good experience for the students and for the teachers as well.



SMALL BOX. BIG DIFFERENCE.



It has been a couple of years now that Radisson and Park Inn Hotels have launched this charity initiative in the UAE.

It is a nice way to familiarize children with donating.

Elite Private School participated this last October. All we had to do was to pick up some empty boxes and bring the boxes back there later filled with all of the items mentioned on the cover of the box.

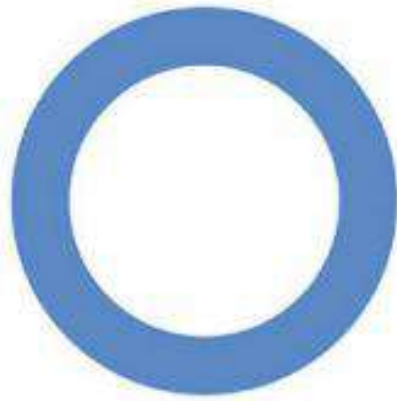
The shopping list includes essential items for the daily use that will then be

given to workers living in the UAE: T-Shirt, cap, disposable razor, shaving cream, deodorant, toothbrush, toothpaste, small hand towels, comb, soap, shampoo, and talcum powder.

This was a good initiative and our students immediately got involved in getting these essentials items,

This campaign made them familiar with the principles of caring and sharing and realize that such a box filled with a few essential items can make a big difference for the ones who are in need.





world diabetes day
14 November

DIABETES AWARENESS

November is Diabetes Awareness Month to raise awareness about both Type 1 and Type 2 diabetes.

On 06 November 2018, we received a group of six students from Zayed University.

They are concluding their undergraduate studies in Public Health and Nutrition and came to talk to our students about diabetes as part of their community service.

They visited five different classes and distributed a survey to check students' knowledge about the topic. They also had a presentation about what diabetes is, its different types, its causes, symptoms, preventive

measures, and the prevalence of diabetes in the UAE.

The sessions were interactive with a Q & A. The students had the opportunity to try some sugar-free products like chocolate and cookies. A healthy lifestyle is essential to prevent diseases including diabetes.

Such initiatives are welcomed and encouraged at Elite Private School.



A MESSAGE TO PARENTS FROM OUR SCHOOL NURSE

Student wellness and safety are priorities at Elite, as such we have a school clinic on campus located on the ground floor next to administration.

I am readily available to care for your child in the event of any minor injury or illness and can administer medication as directed by the parent or guardian.

We encourage open communication between the clinic and parents/guardians so that your child has a successful and healthy school year.

In addition to taking care of your child, I play a pivotal role at Elite when it comes to health-related education, and I am frequently involved in classroom instructions and activities on the topic of health.

- Ms. Wajeda, School Nurse

"You may contact me directly by emailing wajeda.q@eps.ae or calling 024475800 and asking to be transferred to the nurse."





WHEN TO KEEP YOUR CHILD AT HOME?

We understand that children in classrooms who are ill can infect one another.

We hope that with parent/guardian cooperation we can maintain a healthy school year. Children learn best when they are healthy and well rested. Please try to assure that your child has adequate sleep and healthy snacks.

If your child shows any of the following signs, please keep him or her home:

- Fever 100 F (38 C) or greater
- Vomiting within the past 24 hours
- Diarrhea within the past 24 hours
- Frequent, uncontrolled cough, undiagnosed rash.

NURSE'S OFFICE VISITS

All students who ask to see the school nurse must request a pass from their teacher unless it is an emergency.

If the nurse determines that a student has excessive visits or reoccurring complaints, the parents/guardian will be called to discuss concerns or the need for medical attention.

Students that are in the primary school or KG will receive a note from the nurse for their parents/guardians after nurse visits.

ELITE BOOK FAIR

Reading forms an essential part of a child's growth and therefore, book fairs play a huge role in encouraging reading habits among people of all age groups, especially children.

The Elite Private School Book Fair was held from November 19 to November 22, 2018 on the school's premises. Its aim was to encourage and inculcate the love for reading among students.

A wide range of books of all literary genres and pedagogic games were displayed in the book fair.

Students, teachers and the staff members enjoyed the fair and selected the books they wished to read.

The opportunity to browse books of so many varieties and in a large number at a time was a wonderful experience for the children and parents.



UNIVERSITY FAIR



This is the time of year when choosing a university becomes top of mind for our grade 12 students.

Foremost on the minds university fairs are important because often, students have set their mind to choose between a handful of programs and universities. While it's good to have an idea about what their plans are, it's also essential to explore and learn about other programs.

Fortunately for our students, we brought the universities to them here. For many students, this was among the first opportunities our students had to learn about universities first hand.

We had renamed international and local universities coming in, in a total of 16 universities as well as educational consultancy companies.

Each university set up a booth so that students could ask them questions about their programs, admissions, student life, and more.

Our students were going around checking the offers and programs of each university, different application processes, collecting brochures etc. and left the fair happy with all the information gathered.

It was a very successful event that we want to maintain as part of our culture.



UAE NATIONAL DAY

UAE National Day stands for UAE Union Day, the anniversary of the union between the six emirates on 2 December 1971

There was excitement and enthusiasm in the air as the students of the Elite Private School commemorated the 47th UAE National Day through a Special Assembly held at the school.

The children were enlightened about the significance of the UAE National Day, 'The Spirit of the Union' and the progress of UAE.

The assembly was conducted in Arabic, with a message on the National Day and reading the Holy Quran.

"The union is the fruit of a good tree planted by our fathers [...]"

His Highness Sheikh Khalifa bin Zayed Al Nahyan

There was a KG parade and also a military parade. Children sang Arabic songs. The students clapped and waved to the music, waving the flag and saluting the UAE. Many students were dressed in the traditional Arab attire portraying the colors of the UAE flag.

Of course, as part of the hospitality of the UAE, there was a traditional tent, food and beverages. The excitement was felt by all - students, staff, and teachers alike.



روح الاتحاد
47 SPIRIT OF THE UNION
 اليوم الوطني
 NATIONAL DAY
 الإمارات العربية المتحدة UNITED ARAB EMIRATES





ELITE PAPER COLLECTION CAMPAIGN

From 8th January to 8th of February

LET'S SAVE OUR TREES

YOU BRING THE PAPER
WE COLLECT IT

ELITE PRIVATE SCHOOL
MBZ, Abu Dhabi
www.eps.ae
02 447 5800





KG OPEN DAY

The benefits of early childhood education are numerous. One of the most important is that attending a quality kindergarten increases the probability of a child doing better in school and finishing high school. On 6th December, Elite held its KG Open Day

It was an amazing day, full of activities and fun for kids, like little balloon decoration, games, mascots, face painting, clowns, DJ, and a bouncy castle.

Everybody loved the popcorn and cotton candy.

We welcomed the opportunity to show our school to prospective parents, as the best way to experience what we offer is by a tour of the school.

This gives parents the opportunity to see our learning environment and facilities for themselves, and to feel the vibrant atmosphere at Elite Private School.

It also gave them the chance to meet the superb teachers, the management and other staff.





HEALTHY BREAKFAST DAY

A healthy breakfast contains a mix of complex carbohydrates and protein to fuel your little one until he eats again.

Pairing whole grains such as oatmeal, whole-wheat toast, or whole-grain cereal with a protein source such as milk, yogurt, peanut butter, eggs, or cheese is a good choice.

It is always great to let students experience the taste of healthy food.

Elite primary students were very excited to prepare for the healthy breakfast feast, supervised by our primary teachers.

Students learned how a healthy breakfast is suppose to be, as they were enjoying having the healthy meal.



IT'S OUR BUSINESS TO

STOP BULLYING

IT'S TIME WE GET INVOLVED.





IT'S IN OUR HANDS TO STOP IT

What is bullying?

Bullying is “physical or verbal aggression that is repeated over a period of time and involves an imbalance of power.”

Who is the typical bullying victim?

Anyone can be bullied. However, children who are socially different, have lower peer acceptance or who are perceived as weaker are more likely to get bullied.

Although nowadays kids feel more open about speaking out, not everybody is willing to do that. Those are the kids we see with depression-like symptoms.

What are the different types of bullying?

There are thought to be five types of bullying:

Physical bullying involves but is not limited to hitting, kicking, pushing or otherwise fighting others.

Verbal bullying refers to the use or misuse of words to harm others through name-calling, insults or harsh teasing.

Relational bullying focuses on excluding one or more people from a peer group.

Reactive bullying is when a person responds to being a former victim by bullying others.

Cyberbullying is willful and repeated bullying behavior that involves electronic technology like gaming devices, the internet, social media, emails, blogs, cell phones, etc.

What can parents do to stop bullying?

You can help your child by remaining calm and supportive and reassuring them that they are in no way to blame for the victimization. Keeping an open dialogue can go a long way in helping the victim of bullying feel comfortable to talk about it.

You should also be vigilant and pay attention to changes in your child's personality. If your son or daughter has always been happy and extroverted and all of a sudden they hide in their room and don't want to talk, then something could be wrong. First, let them know that it's safe to talk and the conversation will stay between the two of you.



What can the school do about bullying?

School has zero tolerance for bullying: If students bully we take action. Most of the time, teachers and staff break up incidents as they occur. It's important to separate the students involved so you can gather the facts. This allows the school to fix the situation while preventing it from occurring again.

Get the story from several sources, including the aggressor, the target, and some bystanders.

Bullying is not going to end right away. Be persistent and consistent about stopping it, follow through with consequences, and follow up with the students after incidents. Show the students that you really care, and you could become their trusted adult.

Report the Bullies

Bullying includes when people see what happens, but they don't do anything about it.

IT'S TIME TO TAKE A STAND



Dear Elite Parents, Elite is starting an anti-bullying campaign to help eradicate bullying at school to achieve this we need your support. A recent survey conducted at school shows 26% of students who are bullied report it to parents and not the school.





ECO CLUB: HYDROPONICS FARMS

Our Eco club organized a visit to Emirates Hydroponics Farms.

Emirates Hydroponics Farms is a pioneer in the UAE towards sustainable agriculture practice. This was a great educational experience for our students.

During their visit, they had the opportunity to learn about hydroponics and its advantages, in particular in dry regions like the UAE.

The visit was very interactive and the students had the opportunity also to experience the various fragrances and taste some herbs.

Growing produce in a greenhouse can be a great way to reduce the need for pesticides, and can make it possible to extend the growing season for our local produce.

By utilizing this hydroponics method for growing vegetables, it is possible to accurately manage both water and nutrients as required by the plants throughout their growing stage, from when the seeds are first planted through to final harvest.

At the end of the tour students and teachers received a complimentary lettuce or herb. This was a great experience that encourages students to be healthy and mindful about a more sustainable world.



HOW TO AVOID BEING LATE FOR SCHOOL



1. Get prepared and organized.

Set out your clothes for school the night before. Put them somewhere they won't get dirty or crumpled.

Pack your bag and homework the night before. Get into the habit of doing this before you go to sleep. Then when you wake up you don't have to worry about leaving any books or supplies at home.

2. Eat healthy snacks before bedtime.

If you get hungry, don't eat sweets or drink caffeine, as these can keep you alert and awake.

3. Go to bed on time.

Sleeping well helps you improve memory, purs creativity and sharpens your attention all the things you need to improve your grades. Try to have full 8 hours sleep

4. Set an Alarm.

Always remember to set your alarm. Try setting the alarm clock a little earlier than when you usually get up but not too early—just a few minutes earlier.

5. Get up when you hear the alarm.

A frequent problem is slapping the snooze button and drifting off again. Don't do this. Instead, when your alarm goes off, think fast, get out of bed straight away.

6. Have a healthy breakfast.

"Breakfast is the most important meal of the day". Eating a healthy breakfast before starting the school day is linked to improved concentration, better test scores, and increased energy. Breakfast is especially important for young students whose brains use up about half of the body's energy.

7. Get out the door and on your way.

You'll surely get to school before it's too late! If you are always late 5 minutes, it's simple, just leave 5 minutes earlier.





KG PLANTING GARDEN

Gardening provides the perfect combination of skills for a child's development. For example, gardening is a great physical development activity.

They can practice locomotor skills, body management skills and object control skills. Further, being outdoors in the fresh air and moving around a lot is a good way to get exercise.

The sensory stimulation is another aspect of the experience. Feeling the texture of the soil or the plant leaves is also interesting, as is the smell of the fresh garden and its plants.

Of course, most gardens are a visual explosion of colors, tones and shades.

Literacy skills are also a part of gardening. Learning the names of different plants and plant's different parts, enriches the students' vocabularies and improves their ability to describe their world.



Children learn as they play. Our KG children loved getting in touch with the Earth.

It also increases their awareness of nature, eating healthy and taking care of the environment.



Last but not the least, a very special thank you to our parents for your continued support. Our partnership with parents is something we truly value at Elite Private School. We look forward to keeping working with you.

Elite Private School
Shabia 9, MBZ, Abu Dhabi
P.O Box 41231
www.eps.ae
marketing@eps.ae

 @eliteprivateschool
 @epsuae
+971 02 447 5800